

INSTRUCTIONS FOR SEMEN ANALYSIS

An infertility diagnosis can only be accurate if the specimen sample is properly collected. Therefore adherence to the following collection procedure is essential.

1. Specimens are accepted at FALMOUTH HOSPITAL, Monday through Friday between the hours of 8am and 12pm.
2. The specimen should be collected into a sterile container and delivered to the laboratory within one hour of collection. Keep the specimen near body temperature, until delivered to the laboratory.
3. You are requested to abstain from any type of sexual activity for 2 days (48 hours) prior to the collection of the specimen.
4. The specimen should be collected from masturbation using the container, which the laboratory or your doctor will provide. It is necessary to collect the entire amount of semen that is ejaculated, especially the first portion.
5. If you experience any difficulty with the collection, please discuss an alternative method with your physician.