

INSTRUCTIONS FOR ONE HOUR GLUCOSE TEST
FOR DIABETIC SCREENING IN PREGNANCY

1. You do not need to alter your diet but DO NOT eat or drink anything (except water) two hours prior too drinking the glucose.
2. Drink the entire contents of the bottle within five minutes.
3. Note the time you finish the contents of the bottle and advice the receptionist when you check in.
4. Exactly one hour after you finish the contents of the bottle we will draw your blood.
5. Be sure not to eat, drink, smoke or exercise between the time you drink the glucose and the time we draw your blood.
6. We will call you with the results.